

# coop deals

MAY 17 - MAY 30, 2023

## flavorful crunch

With all the picnics and backyard grilling, be sure to grab a delicious snack like Boulder Canyon's thickly sliced kettle chips. The sea salt flavor perfectly enhances the smooth avocado oil texture. Crunch away!



**2.79**

**Boulder Canyon  
Potato Chips**

5.25-6.5 oz., selected varieties



**2/\$6**

**Stacy's  
Pita Chips**

7.33 oz., selected  
varieties



**2/\$6**

**Health-Ade  
Organic  
Kombucha**

16 fl. oz., selected  
varieties



**3.49**

**Field Day  
Organic Tomato  
Ketchup**

24 oz.



**3.79**

**Madegood  
Organic Granola  
Bars**

6 pk.-.85 oz. bars,  
selected varieties



**3.99**

**Daiya  
Deluxe Mac &  
Cheeze**

10.6-10.9 oz., selected  
varieties



**8.99**

**Nature's Path  
Organic  
Cereal**

26.4-32 oz., selected  
varieties



Fill your days with delicious food from the co-op.

**Shop for summer days ahead.**



**4.29**

**The Greek Gods  
Greek Yogurt**  
24 oz., selected varieties



**4.29**

**Upton's Naturals  
Seitan**  
8 oz., selected varieties



**5.29**

**Follow Your  
Heart  
Original Vegenaise**  
16 fl. oz.



**5.49**

**Organic Valley  
Stringles  
Mozzarella Cheese  
Sticks**  
8 oz.



**6.99**

**Beyond Meat  
Beyond Sausage**  
14 oz., selected varieties



**5.49**

**Grillo's  
Dill Pickles**  
32 fl. oz., selected  
varieties



**7.49**

**Bubbies  
Kosher Dill  
Pickles or Bread &  
Butter Chips**  
33 fl. oz., selected  
varieties



**5.99**

**Wildbrine  
Organic  
Sauerkraut or  
Kimchi**  
18 oz., selected varieties

*100% grass-fed dairy,  
100% delicious*

When cows eat well, you do, too. **Organic Valley's** grass-fed cows graze on lush pastures and diverse forages, producing milk and cream with naturally occurring omega-3 and CLA. These products are 100% grass-fed dairy, 100% delicious.



**3.29**  
**Organic Valley  
Grassmilk  
Half & Half**  
1 pint



**5.79**  
**Organic Valley  
Grassfed Whole or  
Fat-free Milk**  
64 fl. oz., selected varieties



**6.49**  
**Organic Valley  
Grassmilk Raw  
Cheddar Cheese**  
8 oz., selected varieties

**Find delicious options at the co-op.**





**3.29**

Lightlife  
Organic Tempeh  
8 oz., selected varieties



**3.79**

Lightlife  
Smart Dogs  
12-13.5 oz.,  
selected varieties



**4.99**

Field Roast  
Plant-based Sausages  
12.95 oz., selected varieties



**4.99**

Field Roast  
Chao Vegan Cheese  
7-8 oz., selected varieties

←  
*vegan  
summertime  
essentials*

**Lightlife and Field Roast** bring plant-based favorites to a BBQ near you! Vegan options to fit any dish, from skewers to salads.



**3.99**

Harmless Harvest  
Organic Coconut  
Water  
16 fl. oz.



**3/\$4**

Fage  
Greek Yogurt  
5.3 oz., selected varieties



**4.99**

Organic Valley  
Cheese  
8 oz., selected varieties



**4.29**

Stonyfield Organic  
Kids Yogurt  
Tubes  
16 oz., selected varieties



**4.49**

Ripple  
Plant-based Milk  
48 fl. oz., selected  
varieties



**4.99**

Honest To  
Goodness  
Dairy or Dairy-  
free Creamer  
25.4 fl.oz., selected  
varieties

**The co-op makes breakfast easier.**



**2/\$8**

**JonnyPops  
Frozen Fruit  
or Cream Bars**  
8.25 fl. oz., selected varieties



*America's favorite  
organic ice cream*

Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.

**8.99**

**Alden's Organic  
Ice Cream**  
48 fl. oz., selected varieties



**3.29**

**Dandies  
Vegan  
Marshmallows**  
10 oz., selected varieties



**4.29**

**Newman's Own  
Fig Newmans**  
10 oz., selected varieties



**2/\$8**

**Goodpop  
Frozen Dairy-free  
Dessert**  
9-13.2 fl. oz., selected varieties

*flavors from real ingredients*



At Talenti, we raise the bar. We believe there are no shortcuts to quality and great taste.

**2/\$10**

**Talenti  
Gelato or Sorbetto**  
1 pint, selected varieties

**INCLUSIVE TRADE PARTNER**

Deep Indian Kitchen is an Indian-owned company that makes frozen entrees from scratch with a wide range of Indian flavors.



**2/\$10**

**Deep Indian Kitchen  
Appetizers and Entrees**  
7.5-12 oz., selected varieties

**Find a sweet treat at the co-op.**





**12.99**

**Spectrum Organic Extra Virgin Olive Oil**  
25.4 fl. oz.



*plant-based,  
great taste*

Gardein offers a wide variety of plant-based proteins with a great taste and texture. Non-GMO project verified and always vegan.



**2/\$9** **Gardein Plant-based Proteins**  
8-13.7 oz., selected varieties



**1.99**

**Field Day Organic Yellow Mustard**  
8 oz.



**2/\$4**

**Wild Planet Sardines**  
4.4 oz., selected varieties



**2/\$6**

**Ancient Harvest Organic Gluten-free Pasta**  
8 oz., selected varieties



*Coolhaus awesome ice cream*

Ice cream is edible creativity; our canvas to design awesome life experiences. We design the most interesting, seductive, surprising and outrageous ice cream experiences for you to scoop, crunch, lick and devour.

**2/\$7**

**Coolhaus Ice Cream Sandwiches**  
5.8 fl. oz., selected varieties



**5.49**

**Sir Kensington's Mayonnaise**  
12 fl. oz., selected varieties



**10.99**

**Lucini Italia Aged Balsamic Vinegar of Modena**  
8.5 fl. oz.

**There's something for everyone at the co-op.**

*real delicious food*



**Woodstock's** assortment of flavorful condiments and mouth-watering pickles are sure to impress a crowd. Share the unique flavors of our crunchy bread and butter pickles or zesty Dijon mustard for a great time with friends and family.



**2.79**  
Woodstock  
Organic Mustard  
8 oz., selected  
varieties

**3.29**  
Woodstock  
Organic  
Ketchup  
20 oz.

**4.49**  
Woodstock  
Organic  
Mayonnaise  
16 fl. oz.

**4.99**  
Woodstock  
Organic Pickles  
24 fl. oz., selected varieties



**2/\$8**  
Pacific Foods  
Organic Oat  
Beverage  
32 fl. oz., selected  
varieties



**3.99**  
Westsoy  
Organic Soymilk  
32 fl. oz., selected  
varieties



**8.49**  
Primal Kitchen  
Avocado Oil Mayo  
12 fl. oz., selected varieties



**4.79**  
Green Mountain  
Gringo  
Salsa  
16 oz., selected varieties



**7.49**  
R.W. Knudsen  
Organic Just Juice  
32 fl. oz., selected  
varieties



*scoop up the savings in bulk!*



**2.79**  
Organic Green  
Lentils  
per pound in bulk



**3.49**  
Organic Tri-color  
Quinoa  
per pound in bulk



**4.49**  
Walnut Halves  
& Pieces  
per pound in bulk

**The co-op has any quantity you want in bulk.**



*good food  
that does good*



Clif Bar was born on a bike and built with athletes in mind. Today we make organic, plant-based energy food — and not just for performance. We thoughtfully craft our foods to help energize any moment, big or small.

**2/\$3**

Luna Organic Bars  
1.69 oz.,  
selected varieties

**2/\$4**

Clif Builders Protein Bars or Organic Nut Butter Bars  
1.76-2.4 oz., selected varieties

**3/\$5**

Clif Bars  
2.4 oz.,  
selected varieties

**5.99**

Clif Kid Organic Zbars  
6-1.27 oz. bars, selected varieties



**2/\$4**

Thunderbird Food Bar  
1.7 oz., selected varieties



**2/\$8**

Happy Family Organics Yogis  
1 oz., selected varieties



*your family's  
favorite beverages*

**2/\$4**

Santa Cruz Organic Lemonade  
32 fl. oz.,  
selected varieties

**2/\$4**

R.W. Knudsen Organic Recharge  
32 fl. oz.,  
selected varieties

**2/\$4**

R.W. Knudsen Recharge  
32 fl. oz.,  
selected varieties

**2/\$6**

R.W. Knudsen Organic Apple Juice  
32 fl. oz.

Kick off summer with your family's favorite beverages from **Santa Cruz Organic®** and **R.W. Knudsen®!** Treat them to a delicious glass of lemonade or apple juice. Use R.W. Knudsen Recharge® to refuel — it's packed with thirst-quenching flavors!

**Summer must-haves are at the co-op.**



**2.79**

**Lesser Evil**  
**Organic Popcorn**  
4.6-7 oz., selected varieties



*simplified snacking  
the Swedish way*

Starting with a few simple ingredients, Wasa crispbreads are baked to perfection and deliver a hearty crunch. Available in 10 varieties, Wasa crispbreads are the perfect canvas for any toppings. Certified non-GMO and carbon neutral.

**3.29**

**Wasa**  
**Crispbread**  
4.4-8.8 oz., selected varieties



**2/\$6**

**Barbara's**  
**Cheese Puffs**  
5.5-7 oz., selected varieties



**2/\$7**

**Taza**  
**Organic**  
**Chocolate Bars**  
2.5 oz., selected varieties

*perfect snacks for summer*

Late July tortilla chips are authentically made for a delicious taste you can feel good about. Great as a summer snack or side!

**2/\$7**

**Late July**  
**Organic Tortilla Chips**  
7.4-10.1 oz., selected varieties



**3.99**

**Paqui**  
**Tortilla Chips**  
7 oz., selected varieties

**So many snacks to choose from at the co-op.**





**2.79**  
 Endangered Species  
 Chocolate Bars  
 3 oz., selected varieties



**3.79**  
 C2O  
 Coconut Water  
 33.8 fl. oz., selected  
 varieties



**5.49**  
 Lily's  
 Chocolate Peanut  
 Butter Cups  
 3.2 oz., selected varieties



**2.29**  
 Hiball Energy  
 Seltzer  
 16 fl. oz., selected  
 varieties



**4/\$5**  
 Solely  
 Organic Fruit  
 Jerky  
 .8 oz., selected varieties



**4/\$5** Bob's Red Mill  
 Oats Bar  
 1.76 oz., selected varieties

*our best-selling sparkling water*



Stock up this summer on Nixie Sparkling Water, an award-winning line of delicious, certified-organic sparkling waters with the mission to eliminate sugar, single-use plastic bottles and toxic-persistent pesticides from the beverage aisle.

**2/\$8** Nixie  
 Organic Sparkling Water  
 8 pk.-12 fl. oz. cans, selected varieties



**4.49**  
 Nature's Bakery  
 Fig Bars  
 6pk.-2 oz., selected varieties

**The co-op has perfect picks for picnics.**



**5.79**

**Shikai Shower Gel**  
12 fl. oz., selected varieties



**7.69**

**Everyone 3-in-1 Soap**  
32 fl. oz., selected varieties



*organic ayurvedic herbal solutions*

Using Fair Trade principals, our products are made from whole herbs to extract only the greatest synergistic benefits for those seeking to improve their health, mind, body and spirit.

**14.29**

**Organic India Triphala**  
90 ct.



**8.79**

**Heritage Store Rosewater Facial Mist**  
8 fl. oz.



**10.49**

**T-Relief Extra Strength Pain Relief Cream or Gel**  
3 oz., selected varieties



**11.79**

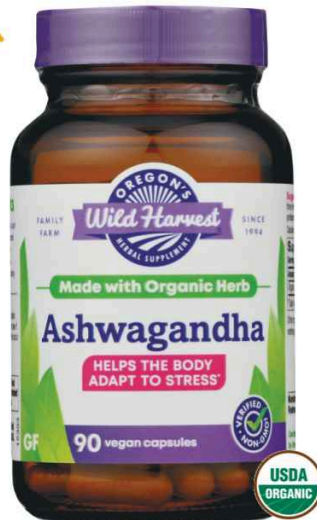
**Derma E Anti-Wrinkle Renewal Cream**  
4 oz.

*adapt to stress*

Ashwagandha is an Ayurvedic herb that addresses long-term stress and can help you feel rested, energized and ready to take on the day.

**15.49**

**Oregon's Wild Harvest Organic Ashwagandha**  
90 ct.



**12.99**

**Ultima Replenisher Electrolyte Drink Mix**  
3.2-3.7 oz., selected varieties



**20.49**

**Floradix Herbal Supplement**  
8.5 fl. oz., selected varieties

**Start the day with supplements from the co-op.**



**INCLUSIVE TRADE PARTNER**

RADIUS is a woman-owned company that looked at toothbrushes and knew there had to be a better way. Using recycled materials, we engineered a toothbrush that cleans and feels better, with a focus on sustainability.

**2/\$6**

**Radius Dental Floss**  
55 yd., selected varieties



*made with love and respect*

**INCLUSIVE TRADE PARTNER**

Alaffia is a Black-owned company and social enterprise on a mission to create a more sustainable and equitable future. When you choose our products, you join us in empowering women and families.

**9.49**

**Alaffia**  
**Everyday Shea Bubble Bath or Body Wash**  
32 fl. oz., selected varieties



**4.19**

**Nubian Heritage Bar Soap**  
5 oz., selected varieties



**4.29**

**World Centric Compostable 9" Plates**  
20 ct.



**5.29**

**Himalaya Toothpaste**  
4-5.29 oz., selected varieties



*fresh starts here*

Schmidt's Natural Deodorant helps neutralize odor and keeps you fresh with 24-hour odor protection. This product is formulated to be gentle on skin, with 100% natural-origin ingredients, as certified by Ecocert.

**7.49**

**Schmidt's Natural Deodorant**  
2.65 oz., selected varieties



**4.99**

**Better Life Toilet Bowl Cleaner**  
24 fl. oz.

**Sustainable, eco-friendly brands are at the co-op.**

**Shop for fresh, delicious, local food at a co-op near you.**

**ARKANSAS**

Ozark Natural Foods  
1554 N. College Avenue, Fayetteville

**COLORADO**

Durango Natural Foods Co-op  
575 East Eighth Avenue, Durango

**NEW MEXICO**

La Montañita Co-op  
3500 Central Avenue S.E., Albuquerque  
2400 Rio Grande Boulevard, Albuquerque  
105 East Coal Avenue, Gallup  
913 West Alameda, Santa Fe

Los Alamos Cooperative Market  
95 Entrada Drive, Los Alamos

Silver City Food Co-op  
520 North Bullard Street, Silver City

**SOUTH DAKOTA**

Breadroot Natural Foods Co-op  
100 East Blvd. N, Rapid City

**TEXAS**

Wheatsville Co-op  
3101 Guadalupe Street, Austin  
4001 South Lamar, Austin



*to find a food co-op near you,  
visit us online at: [grocery.coop](http://grocery.coop)*

**INCLUSIVE TRADE PARTNER**

The Honey Pot is a Black-owned company, and our products are dermatologist tested, kind to skin and plant-derived.

**8.49**

The Honey Pot  
Normal or  
Sensitive Wipes  
30 ct., selected  
varieties



**6.99**

Acure  
Facial Cleanse  
4 fl. oz., selected  
varieties



**2.69**

Kiss My Face  
Olive Oil Bar Soap  
8 oz., selected varieties



Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.



Co-ops are committed to fostering inclusive communities, promoting brands that are women-, BIPOC-, LGBTQ- and veteran-owned.

Some items may not be available at all stores or on the same days.



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